

2018 Eastern Football Youth Camp Registration Form

Camper: _____

Entering Grade: _____ School: _____

Home Address: _____

City: _____ State: _____ Zip _____

Phone: _____ Shirt Size: YS YM YL AS AM AL

Email Address: _____

Parent/Guardian Names: _____

Insurance Co./Policy Number: _____

Food Allergies or other: _____

Mail Payment and Registration to:

EHS Football Boosters
Eastern High School Football
12400 Old Shelbyville Road
Louisville, KY 40243

We accept



Make Checks payable to: EHS Football Boosters
**\$200 Pre-registration or \$215 Walk-up registration
Contact your local youth football organization for a group rate!

ehsfootball1950@yahoo.com
Please include the camper's name
in the note and submit other
paperwork at registration

Waiver of Liability:

I do hereby release EHS Boosters, Jefferson County Board of Education/Jefferson County Public Schools, its employees, sponsors, and volunteers from all liability of any nature for injury or damage/loss of personal items that occur during or as a result of participation in the Eastern High School Football Youth Camp.

Parent/Guardian Name (Please Print): _____ Date: _____

Signature: _____



EASTERN FOOTBALL

YOUTH CAMP

- ✓ June 5th through June 8th
- ✓ Boys/Girls entering 1st through 8th grades in 2018-19
- ✓ Now offering a FULL DAY! 9am to 4pm
- ✓ Lunch, Snacks, and a camp T-shirt included in the cost
- ✓ Optional Daily Message from the Fellowship of Christian Athletes
- ✓ Competitively priced with other camps and summer activities!
- ✓ An active camp - your camper will get quality instruction; it's for ALL AGES!
- ✓ Sign up today! If you need more info, contact Coach Blanford
justin.blanford@jefferson.kyschools.us



**FELLOWSHIP OF
CHRISTIAN
ATHLETES**

The heart and soul in sports®

2018 EASTERN FOOTBALL STAFF

Justin Blanford	Head Coach
Ken Whalen	Offensive Coordinator Tight Ends
Charles Mucker	Defensive Coordinator Outside Linebackers
Derek Dozier	Strength & Conditioning Quarterbacks
Corey Crume	Offensive Line Special Teams
Randy Houston	Wide Receivers
Tom Ramey	Defensive Line
Chan Nelson	Defensive Backs
Tim Barger	Inside Linebackers

ITEMS TO BRING AND WEAR TO CAMP ALL WEEK

- Cleats & Tennis Shoes
- T-Shirt (preferably camp provided one)
- Shorts
- Socks
- Sunscreen

Water Bottle (water will be provided throughout the day, but it will be better if each camper had their own bottle)

DAILY CAMP SCHEDULE

Camper's will be grouped by grade so they can be instructed using age-appropriate drills and techniques.

9:00 – 9:15	Check-In, Warmup Stretch
9:15 – 10:30	First Rotation of Drills
10:30 – 10:45	Water/Snack Break
10:45 – 12:00	Second Drill Rotation
12:00 – 1:00	Lunch/FCA Message
1:00 – 2:15 PM	Third Drill Rotation
2:15 – 2:30	Water/Snack Break
2:30 – 3:45	Fourth Drill Rotation
3:45 – 4:00 PM	Competition/Closing

This isn't just a typical football camp – we have drills and games for all ages that exercise not just your muscles but your memory and your mind. Agility, Flexibility Explosiveness will all be put to the test.

The 2018 Youth Camp will also feature high school student camp counselors, - campers will learn the fundamentals from coaches and peers.

It's the best youth camp going today!!!

2017 CAMP HIGHLIGHTS

