

2018 Eastern Summer Baseball Camp



Date: June 18-20th (Rain or Shine)

Time: 9am-12pm- Check in @ 8:15 am (PLEASE SEND IN REGISTRATION BY JUNE 1ST)

Where: Eastern High School Baseball Field and Eastern Indoor Facility

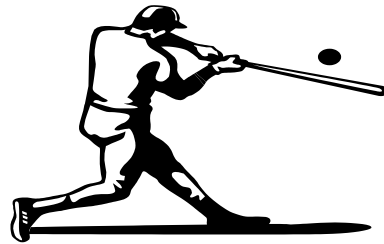
Cost: \$60 a player- Includes camp fee and t-shirt

What to bring: Baseball Pants, Hat, Cleats, Turfs, Glove, Bat, Helmet, and catching equipment (if necessary)

Who: Entering Grades 1st-8th

Camp will cover:

- Defensive mechanics and fundamentals
- Hitting mechanics and fundamentals
- Offense/Defense strategy and philosophy
- Bunting mechanics
- Base running and sliding
- Game Strategies
- Catching mechanics and fundamentals
- Pitching mechanics and fundamentals
- Arm strengthening program
- Strength and Conditioning



This camp is a three day camp that will cover the essential fundamentals that it takes to become a better baseball player. No matter the skill level, this camp will make you better, and most importantly you will have fun! Learn how to play baseball the “Eastern Way”.

Camp Director: Head Baseball Coach TJ Graves will run the camp. Coach Graves played four years collegiately and two years professionally with accolades that include Regional All-American, All-Conference, and All-Tournament Team. He coached two years at the collegiate level at Carson-Newman College, and one year at the professional level with the Chicago Cubs. In Louisville, he has coached at Eastern and Manual as an assistant, and as a Head Coach for 8 years at Eastern, Southern, and DeSales. Coach Graves was named 6th Region Coach of the Year in 2009 and 2015, and 7th Region Coach of the year in 2017.

Any more questions? Email Coach Graves: thomas.graves@jefferson.kyschools.us
Info and release form -on back- PLEASE MAIL IN BY JUNE 1ST

EASTERN HIGH SCHOOL BASEBALL CAMP

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ Age ____ Birth Date _____ M or F

In case of emergency, please notify:

Name _____

Phone number _____ Alternate number (Cell/Work) _____

Insurance Company _____ Policy Number _____

Enclose camp fee. Make checks payable to Eastern Baseball
Send to checks and release form to:
Eastern Athletic Club Inc.
c/o TJ Graves- Head Baseball Coach
PO Box 436226
Louisville, KY 40253-6226

RELEASE FORM

In consideration of being permitted to participate in the _____ High School
_____ clinic/camp, I, _____ the parent/legal guardian of the
above-named child, do hereby release the Jefferson County Board of Education/Jefferson
County Public Schools, its employees, clinic/camp sponsors, coaches, and volunteers
from all liability of any nature for injury or damage that may occur during or as a result
of participation in the _____ High School _____ clinic/camp.

Signature of Parent/Guardian:

_____ Date: _____

T-shirt sizes (circle one)

YOUTH SIZES : S M L

ADULT S M L XL XXL